

HOW TO FIND YOUR SHIN INSTEP SIZE

	Measure Shin Height (A) as show picture.					
	INCHES		СМ		HEIGHT	
SIZE	Α	В	Α	В	FEET	СМ
XS	13,5	6	35	16	< 5'2"	< 160
S	14	6,7	36	17	5'2"	160
Μ	14,5	7,4	37	18,8	5'5"	170
L	15,7	7,4	40	19	5'9"	180
XL	16,5	7,8	42	20	6'2"	190
XXL	17	8	43	20,5	> 6'2"	> 190

Sizes are for guidance only. Please seek professional advice regarding the right size for you.



There might be variance of 0,5 cm in every measurement.

Size can vary from height recommendations above depending on body build and shape.